

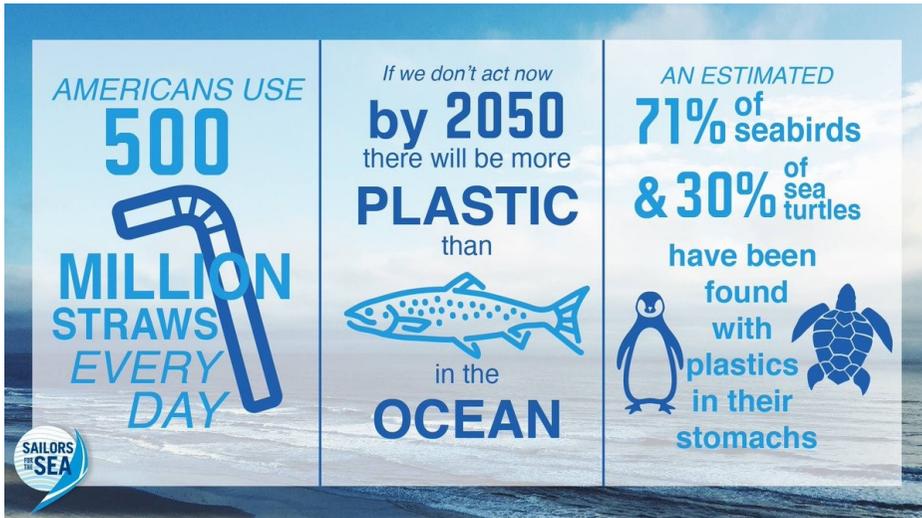
# THERE IS NO PLANET B



An informational guide on how to live a more  
environmentally friendly life style

  
**Brighton and Hove Progressive Synagogue**

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Plastic pollution is one of the leading environmental causes for climate change. Plastic takes thousands of years to break down, as a result it is polluting and destroying our natural environments.

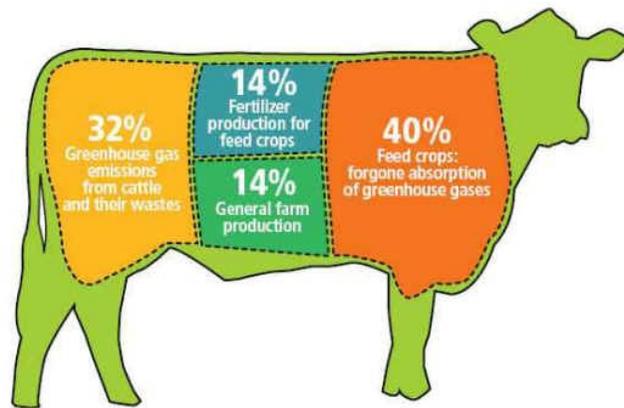
Some ways can help tackle this problem by:

- recycling plastic waste
- Opt. for plastic free products and avoid single use plastics
- Don't use plastic straws

Currently, gram for gram, there is more plastic waste in the ocean than there is sea creatures. This plastic pollution is killing and destroying marine life.

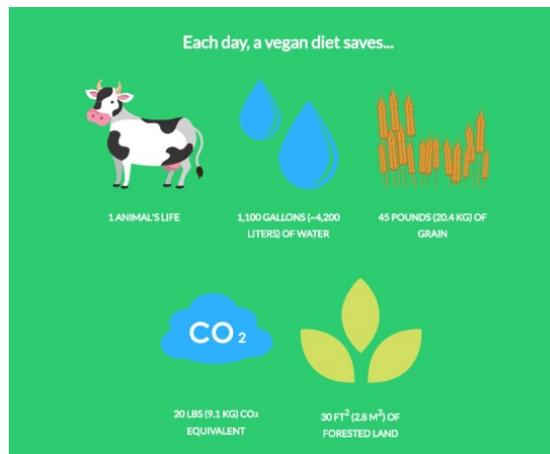
**if your bathtub was overflowing you wouldn't immediately reach for a mop. You'd turn off the tap first.**

**That's what we need to do with single use plastic**

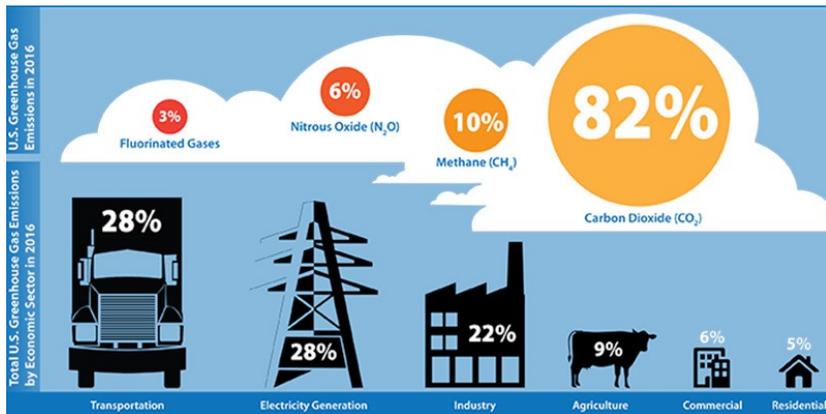


The meat and farming industry contribute greatly to climate change through generating excess greenhouse gases from animal waste, crop fertilizer, production, and growing crops to feed the animals.

Try opting for vegan and vegetarian alternatives to help reduce your environmental impact, as well as aiming to buy organic and free range products over genetically modified and factory farmed food.



**Factory farms in the US generate 13X as much sewage as the human population does**



Greenhouse gases play an important role in climate change, the emission of them slowly heats up the earth's atmosphere similar to how a greenhouse heats up a space.

Greenhouse gases are responsible for the rising of the earth's temperature, melting of the ice caps, and species dying out to name a few.

Ways to decrease your carbon footprint:

- Use public transport, car share, and walk where possible
- Look at renewable sources of energy
- Consume less meat
- Shorten your shower time
- Turn off switches when they are not in use



**Switching to light coloured roofs and roadways would have the same effect on greenhouse gas emissions to taking 1 billion cars off the road for 11 years**