EREV SHABBAT BRITANNIA



A SPECIAL SERVICE FEATURING THE INSPIRING VERSIONS OF FRIDAY
NIGHT LITURGY COMPOSED BY BRITISH PROGRESSIVE JEWS

Welcome – בְּאִים

Welcome to our Kabbalat (welcoming) Shabbat and Erev Shabbat services! We are offering you a Kabbalat Shabbat that we hope will help you unwind into Shabbat and this weekend. We hope that you will find the familiar tunes and evolving images helpful in settling you in.

As you will see and hear, our Erev Shabbat service is a highly musical and joyful celebration of the coming of the special day in the Jewish week. Shabbat gives us a chance to rest, to refresh ourselves, to regain our balance, and to renew our commitment to what is right and good.

Welcoming everyone (the mitzvah of *Hachnasat orchim*) is a core value of **Liberal Judaism** that we at this Biennial Weekend take very seriously. We hope you've been greeted already but, if not, please introduce yourself to the service leaders after the service.

We also seek to **cherish** and **include** every single person, as all of us are made *b'tselem Elohim* - 'in the image of God' - and every person, every soul, every voice is equally valuable. To encourage everyone to participate, we have included some new or novel alternative readings and prayers in the service, and have prepared a transliteration of all the Hebrew text. Further, and uniquely to our knowledge, every sung piece in the service is presented with the music for you.

Read - when you can and wish to. (Please forgive inconsistencies in transliteration)

Sing, when all are invited to - whether you think you have a "good singing voice" or not.

Listen - when offered the opportunity to receive part or all of a specially rehearsed read or sung piece of liturgy.

Pray - whatever this word means to you, give yourself the chance to calm and resoul.

The nature of the tunes and variations on the words of the prayers in this service is unique. Our aim is to showcase the many talented composers in our Progressive communities in this country. The sheet music in this siddur has been kindly provided by the composers so that everyone can join in our service. Unless stated otherwise, if you would like to use any of these settings in your community please contact the composer to ensure you have the full version, with all the bells and whistles (so to speak!) and to check permissions and fees.

Lastly, we hope this service will inspire you to introduce some of the tunes you experience today into your regular synagogue services.

Please take this prayer book, compiled specially by Rabbi Richard Jacobi, with you so that you have all the information you might need to hand. Remember too, that it is a prayer book. Use it well and, whenever you have finished with it, dispose of it carefully and in the interests of the environment.

SHABBAT SHALOM - A peaceful and refreshing Sabbath day!

Dean Staker, Ruth Colin, Student Rabbi and Cantor Gershon Silins, Rabbis Richard Jacobi and Pete Tobias

תְּפָלָה שֶׁל עֶרֶב שַׁבְּת

Friday evening Service



Please stand

Singing

Bar'chu et Adonai ham'vorach!
Baruch Adonai ham'vorach l'olam va-ed!

בָּרְכוּ אֶת יְיָ הַמְבֹרְדּ: בַּרוּדְ יִיַ הַמִּבֹרָדְּ לְעוֹלַם וַעֵּד:

Praised be the One to whom our praise is due!

Praised be the One, to whom our praise is due now and forever!

The Bar'chu is the Jewish 'call to prayer', an invitation to be part of the communal worship.

After the Bar'chu are two blessings before the Shema. The first celebrates the wonderful and diverse beauty of creation, with an emphasis on the coming mystery of night-time. The second shifts our attention to God's unique relationship with Jews through Torah and our traditions. Our relationship is not superior to anyone else's, nor is it inferior - it is simply 'ours'. This is then confirmed in the Shema, our special affirmation of God's unity, after which we remind ourselves of our journey from slavery to freedom and remember how lucky we are to be free.

Please be seated

BAR'CHU

Music by Dean Staker



All Reading

We praise You, Eternal one, our God, Sovereign of the universe, whose word brings on the evening, whose wisdom opens heaven's gates, whose understanding changes times and seasons, and whose will sets the stars in their courses in the sky. You make day and night, rolling light away from darkness and darkness from light; You make day pass and bring on the night, and separate day from night: You rule the hosts of heaven. We praise You, O God, whose word makes evening fall.

Baruch Atah Adonai, hama-ariv aravim.

בָּרוּךְ אַתָּה יִיָ, הַמַעַרִיב עַרָבִים

Singing

Ahavat olam beit Yisrael am'cha ahav'ta, am'cha ahav'ta,

Torah umitzvot, chukim umish'patim otanu limad'ta, otanu limad'ta.

Al ken Adonai Eloheinu, beshoch'beinu uv'kumeinu nasiach b'chukecha, v'nis'mach b'divrei toratecha uv'mitz'votecha l'olam vaed. Ki heim chayeinu v'orech yameinu, uvahem neh'geh yomam valai'lah, neh'geh yomam valai'lah.

V'ahavat'cha al-tasir mimenu l'olamim! Baruch Atah Adonai, ohev amo Yisrael. אַהְבָת עוֹלָם בֵּית יִשְׁרָאֵל עַמְּדְ אָהְבְתָּ, עַמְּדְ אָהְבְתָּ,

תּוֹרָה וּמִצְוֹת, חֻקִּים וּמִשְׁפְּטִים, אוֹתָנוּ לִמַּדְתָּ, אוֹתָנוּ לִמַּדִתָּ

עַל כֵּן יָיָ אֶלהֵינוּ, בְּשָׁכְבֵנוּ וּבְקוּמֵנוּ נְשִּׂיחַ בְּחֻכֶּידְּ, וְנִשְּׁמַח בְּדִבְרֵי תוֹרָתֶדְּ וּבְמִצְוֹתֶידְ לְעוֹלָם וָעֶד.

כִּי הֵם חַיֵּינוּ וְאֹרֶךְ יָמֵינוּ, וּבְהֶם נֶהְגֶּה יוֹמְם וָלְיִלָה, נֶהְגֶּה יוֹמָם וָלְיָלָה

וְאַהֲבְתְדּ אַל תָּסִיר מִמֶּנוּ לְעוֹלְמִים. בְּרוּדְ אַתָּה יִי, אוֹהֵב עֵמוֹ יִשְׂרָאֵל:

Unending love have You shown Your people, the house of Israel: Torah and Mitzvot, laws and precepts have You taught us. When we lie down and when we rise up, we will reflect on the meaning of Your laws, and rejoice in the words of Your Torah and in Your Mitzvot for ever. On them we will meditate day and night, for they are our life and the length of our days. May Your love never depart from us. We praise You, O God: You love Your people Israel.

Ahavat Olam

Music: Judith Silver



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Reading, then Singing

Shema Yisrael Adonai Eloheynu Adonai Echad

Baruch shem k'vod malchuto l'olam va-ed.

שְׁמַע יִשְּׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד: בַּרוּךְ שֵׁם כִּבוֹד מַלְכוּתוֹ לִעוֹלַם וַעֵד.

Hear, O Israel: the Eternal One is our God, the Eternal God is One.

Praised for ever be God's glorious majesty.

Reading

V'ahavta et Adonai Elohecha, bechol levavcha, u'vechol nafshecha, u'vechol meodecha. Vehayu hedevarim ha-eleh asher anochi metzavecha hayom al levavecha. V'shinantam levanecha v'dibarta bam, b'shivtecha b'veytecha, uv'lechtecha vaderech, uv'shochbecha uv'kumecha. U'k'shartam I'ot al yadecha, v'hayu letotafot beyn eynecha, u'ch'tavtam al m'zuzot beytecha u'visharecha.

וְאָהַבְתָּ אֵת יִיָ אֱלֹהֶידְּ, בְּכָל-לְבָבְדְּ, וּבְכָל-נַפְשְׁדְּ, וּבְכָל-מְאֹדֶדְּ. וְהִיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אָנֹכִי מְצַוְּדְּ הַיּוֹם, עַל-לְבָבֶדְּ: וְשִׁנַּנְתָּם לְבָנֵידְ, וְדִבַּרְתָּ בָּם בְּשִׁבְתְּדְּ בְּבֵיתֶדְ, וּבְלֶכְתְדְּ בַדֶּרֶדְ וּבְשָׁכְבְּדְּ, וּבְקוּמֶדְ. וּקְשַׁרְתִּם לְאוֹת עַל-יָדֶדְ, וְהִיוּ לְטֹטָפֹת בֵּין עֵינֵידְ, וּכְתַבְתָּם עַל מְזָוֹת בֵּיתֶדְ וּבִשְׁעָרֵידִּ:

You shall love the Eternal One, your God, with all your heart, with all your soul, and with all your might. Let these words, which I command you this day, be always in your heart. Teach them diligently to your children; speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be like frontlets between your eyes; inscribe them on the doorposts of your house, and on your gates.

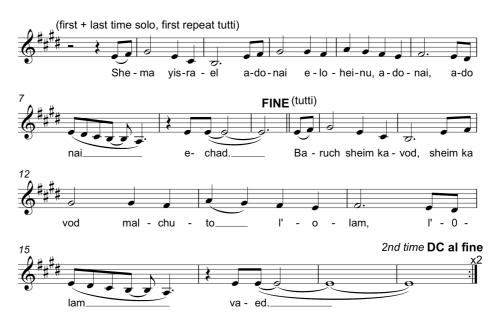
Singing

L'ma'an tizk'ru va-asitem et kol mitzvotai vih'yitem k'doshim leiloheichem. Ani Adonai Eleheichem asher hotzeiti etchem mei-eretz Mitzrayim, lih'yot lachem leilohim, Ani Adonai Eleheichem לְמַעַן תִּזְכְּרוּ וַעֲשִּׁיתֶם אֶת-כְּל-מִצְּוֹתָי, וְהְיִיתֶם קְדֹשִׁים לֵאלֹהֵיכֶם: אֲנִי יְיָ אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לִהְיוֹת לָכֶם לֵאלֹהִים, אֲנִי יָיַ אֵלֹהֵיכֵם:

Be mindful of all My commandments, and do them: so shall you be consecrated to your God. I, the Eternal One, am your God who led you out of Egypt to be your God; I, the Eternal Onw am your God.

Shema Yisrael

Lena Mortimer



Ani Adonai (L'ma'an Tizk'ru)

Rabbi Aaron Goldstein, Jon Fiber, Paul Goldsmith



Reader

In each age we receive and transmit Torah.

At each moment we are addressed by the World.

In each age we are challenged by our ancient teaching.

At each moment we stand face to Face with Truth.

In each age we add our wisdom to that which has gone before.

At each moment the knowing heart is filled with wonder.

In each age the children of Torah become its builders and seek to set the world firm on a foundation of Truth.

(Rabbi Rami Shapiro)

Singing

Mi chamocha ba-eylim Adonai, mi kamocha neddar bakodesh, nora t'hillot oseh feleh?

Adonai vimloch l'olam va-ed!

V'ne-emar: 'Ki fadah Adonai et Ya-akov, u-g'alo miyyad chazak mimmenu'.

Baruch Atah Adonai, ga-al Yisrael.

מִי כָמֹכָה בְּאֵלִים יְיָ, מִי כְּמֹכָה נָאְדְּר בַּקּדֶשׁ, נוֹרָא תְהֵילֹת,עשׁה פֶּלֶא: יָיָ יִמְלֹךְ לְעוֹלָם וְעֶד.

וְנֶאֱמַר: כִּי פָּדָה יְיָ אֶת יַעֲקֹב, וּגְאָלוֹ מִיַּד חְזָק מִמֶּנוּ

בָּרוּך אַתָּה יָיָ, גָּאַל יִשְׂרָאֵל:

Who is like You, Eternal One, among the gods people worship? Who is like You, glorious in holiness, awesome in splendour, doing wonders?

The Eternal God shall reign for ever and ever!

And it has been said: 'The Eternal One has delivered Jacob, and redeemed us from the hand of one stronger than ourselves.'

We praise You, O God, Redeemer of Israel.

MI CHAMOCHA

Music: Dean Staker



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Singing

Hashkiveynu Adonai Eloheynu, **l'shalom**, וְהַעֲמִידֵנוּ לְשָׁלוֹם, וְהַעֲמִידֵנוּ יִי אֶלהֵינוּ לְשָׁלוֹם, וְהַעֲמִידֵנוּ v'hamideynu malkeynu l'chaim.

You held me safe through the day; Keep me safe through the night. Maker of darkness, hear me pray; Please, let me see the morning light.

Ufros alevnu sukkat sh'lomecha

וּפָרוֹשׁ עָלֵינוּ סֻכַּת שָׁלוֹמֵדְּ

Reading

Baruch atah Adonai, haporeys sukkat shalom בְּרוּךְ אַתְּה יִי, הַפּּוֹרֵשׁ סֻכַּת שָׁלוֹם עָלֵינוּ וְעַל aleynu v'al kol yoshvey teyveyl.

Grant, Eternal God, that we may lie down in peace, and let us rise up to life renewed. Spread over us the shelter of Your peace. We praise You, O God, may Your sheltering peace descend on us and all who dwell on earth.

Hashkiveinu (Alexander Massey)

As we prepare to enter the darkness, and the holiness of sleep, we can choose to end our day with a cheshbon hanefesh, an 'accounting of the soul', making shalom - peace - with the people around us, with ourselves, and with God. Shalom is not easily realised in human terms. But from God's perspective, all can be seen as connected, reconciled, and part of a whole. And so, in the Hashkiveinu, we pray, and sing for God to fill us with his shalom, his peace, so that we may end our day in peace, and begin again in peace.

We are about to begin the Tefillah - The Prayer, the central section of all Jewish services. It opens and closes with personal meditations: "Eternal God, open MY lips..." and, later "May the words of MY mouth...". These sandwich all the spoken prayers that are in the plural "We praise You.." "We give thanks.." - we are a community, mutually dependent on each individual to do their bit. When we do, the whole is more than the sum of the parts, and our aspirations can become real!

Hashkiveinu



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Singing

Adonai, s'fatai tiftach, ufi yagid t'hilatecha.

אַדני שִּׁפַתִי תִּפָתַח וּפִי יַגִּיד תִּהַלָּתִדְּ:

Eternal God, open up my lips that my mouth may declare Your praise.

Reading

Baruch Atah Adonai, Eloheinu v'Elohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak, V'Elohei Ya-akov. Elohei Sarah, Elohei Rivkah, Elohei Leah, v'Elohei Rachel. Ha-El hagadol hagibor v'hanora, El elyon. Gomeil chasadim tovim, v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah liv'nei v'neihem, l'ma-an Sh'mo b'ahava.

Melech ozeir umoshia umagein. Baruch Atah Adonai, magen Avraham v'ezrat Sarah. בְּרוּךְ אַתָּה יִיְ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וֵאלֹהֵי יַעֲקֹב, אֱלֹהֵי שָּׁרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל, וֵאלֹהֵי לֵאָה, הָאֵל הַגְּדוֹל הַגָּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְמָבִיא נְּאֻלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ וּמֵבִיא נְּאֻלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה:

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגַן: בָּרוּךְ אַתָּה יְיָ, מָגַן אַבְרָהָם וְעֶזְרַת שָּׂרָה:

Reading

Atah gibor le-olam Adonai, me-cha-yeh meitim Atah, rav le-hoshiah. Mashiv haruach u-morid ha-geshem, mazriach ha-shemesh u-morid hatal.

Mechalkeil chayim bechesed, mechayeh meitim berachamim rabim, someich noflim, ve-rofeh cholim, u-matir asurim, u-mekayeim emunato lisheinei afar.

Mi chamochah ba-al gevurot, u-midomeh lach, melech meimit umechayeh umatsmiach yeshuah. Vene-eman atah le-hachayot meitim.

Baruch Atah Adonai, mechayeh ha-meitim.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֵּה מֵתִים אַתָּה, רַב לְהוֹשִׁיעֵ: מַשִּׁיב הָרוּחַ וּמוֹרִיד הַגֶּשֶׁם, מַזְרִיחַ הַשֵּׁמֵשׁ וּמוֹרִיד הַטַּל.

מְכַלְבֵּל חַיִּים בְּחֶסֶד, מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים, סוֹמֵך נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֱמוּנְתוֹ לִישֵׁנִי עָפָּר, מִי כְמוֹךְ בַּעַל גְּבוּרוֹת וּמִי דוֹמֶה לָּךְ, מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה. וְנָאֱמָן אַתְּה לָהַחֵיוֹת מֵתִים.

בַּרוּךְ אַתַּה יִיָ, מְחַיָּה הַמֶּתִים:



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We praise You, Eternal One, our God and God of our ancestors: God of Abraham, God of Isaac, and God of Jacob; God of Sarah, God of Rebekah, God of Leah and God of Rachel; the great and mighty, awesome and exalted God. You deal kindly with us and embrace us all. You remember the faithfulness of our ancestors, and in love bring redemption to their children's children for the sake of Your name. You are our Sovereign and Helper, our Redeemer and Shield. We praise You, O God, Shield of Abraham and Protector of Sarah.

Unending is Your might, Eternal One; You are the Source of eternal life; great is Your power to redeem. You cause the wind to blow and the rain to fall, the sun to shine and the dew to descend.

In Your love You sustain the living; in Your compassion You grant us eternal life. You support the falling and heal the sick; You free the captive and keep faith with those who sleep in the dust. Who is like You, Source of all strength? Who is Your equal, sovereign Author of life and death, whose will it is that goodness shall prevail? Trusting in You, we see life beyond death. We praise You, O God, Source of Life.

Singing

Vesham'ru v'nei Yisrael et ha-Shabbat, laasot et ha-Shabbat ledorotam b'rit olam. Beyni u-veyn b'nei Yisrael ot hi l'olam. Ki sheyshet yamim asah Adonai et hashamayim v'et ha-aretz u-vayom hash-vi-i shavat vayinafash. וְשְׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבְּת, לַעֲשׁוֹת אֶת הַשַּׁבְּת לְדֹרֹתָם בְּרִית עוֹלָם: בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעוֹלָם, כִּי שֵׁשֶׁת יָמִים עֲשָׂה יְיָ אֶת הַשָּׁמִים וְאֶת הָאֶרֶץ, וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנְּפַשׁ.

The people of Israel shall keep the Sabbath, observing the Sabbath in every generation as a covenant for all time. It is a sign between Me and the people of Israel for ever. For in six days, I, the Eternal One, made heaven and earth, but on the seventh day I ceased from work, and rested.

Responsive Reading

Six days shall you be a workaholic;

On the seventh day, shall you join the serene company of human beings.

Six days shall you take orders from your boss;

On the seventh day, shall you be the master or mistress of your own life.

Six days shall you toil in the market;

On the seventh day, shall you detach yourself from money matters.

Six days shall you create, drive, create, invent, push, drive;

On the seventh day, you shall reflect.

Six days shall you be the perfect success;

On the seventh day, you shall remember not everything is in your power.

Six days shall you be a miserable failure;

On the seventh day, shall you be on top of the world.

Six days shall you enjoy the blessings of work;

On the seventh day, shall you understand that being is as important as doing.

(Blu Greenberg, in The Seventh Day)

V'SHAMRU

Words. Exodus 31.16-17, Music. Dean Staker



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Reading

Modim anachnu lach, she-attah hu Adonai eloheynu veylohey avoteynu l'olam va-ed. Tzur chayyeynu, mageyn yisheynu, attah hu l'dor va-dor nodeh lecha u-n'sappeyr t'hilatecha. Al chayyeynu ha-m'surim b'yadecha v'al nishmoteynu ha-p'kudot lach, v'al nisecha she-b'chol yom immanu, v'al niflotecha v'tovotecha she-b'chol eyt, erev vavoker v'tzohorayim.

מוֹדִים אֲנַחְנוּ לָדְ, שָׁאַתָּה הוּא, יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ, לְעוֹלָם וְעֶד, צוּר חַיֵּינוּ, מְגֵן יִשְׁעֵנוּ, אַתָּה הוּא לְדוֹר וְדוֹר נוֹדֶה לְדְּ וּנְסַפֵּר תְּהִלְּתֶדְּ. עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶדְּ, וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָדְ, וְעַל נִפֶּידְ שֶׁבְּכָל יוֹם עִמְנוּ, וְעַל נִפְּלְאוֹתֶידְ וְטוֹבוֹתֶידְ שֶׁבְּכָל עֵת, עַרְב וַבֹּקַר וְצַהָריִם.

Reading

Baruch attah Adonai, hatov shimcha u-l'cha בָּרוּךְ אַתְּה יְיָ, הַטּוֹב שִׁמְדְ וּלְדְּ נָאֶה לְהוֹדוֹת. המּ-eh l'hodot.

We give thanks that You, Eternal One, are our God, as You were the God of our ancestors. You are the Rock of our life, the Power that shields us in every age. We thank and praise You for our lives, which are in Your hand; for our souls, which are in Your keeping; for the signs of Your presence we encounter every day; and for Your wondrous gifts at all times, morning noon and night.

We praise you, O God, Source of goodness, to whom our thanks are due.

Singing

Shalom rav al-Yisrael am'cha tasim l'olam,

שָׁלוֹם רָב עַל יִשִּׂרָאֵל עַמִּךְ תַּשִּׁים לְעוֹלָם,

Ki Atah hu Melech Adon I'chol-hashalom.

פִּי אַתָּה הוּא מֶלֶךְ אָדוֹן לְכָל הַשְּׁלוֹם.

V'tov b'einecha l'vareich et-am'cha Yisrael b'chol-eit uv'chol-sha'ah bish'lomecha.

וְטוֹב בְּעֵינֶידְ לְבָרֵדְ אֶת עַמְדְּ יִשְׂרָאֵל, בְּכָל עֵת וּבכל שעה בּשׁלוֹמדָּ.

Baruch Atah Adonai, oseh ha-shalom

בַרוּך אַתַּה יִיָ, עושָה הַשָּׁלוֹם.

Supreme Source of peace, grant true and lasting peace to Your people Israel, for it is good in Your sight that Your people Israel, and all peoples, may be blessed at all times with your gift of peace. We praise You, O God, the Source of peace.

Shalom Rav

Joseph Finlay



Silent Meditation

Renew my vision, O God; give meaning to my life and substance to my hopes; help me understand those about me and fill me with the desire to serve them. Let me remember that I depend on them as they depend on me; quicken my heart and hand to lift them up, and teach me to make my words of prayer fruitful by deeds of lovingkindness.

May the words of my mouth, and the meditation of my heart, be acceptable to you, O God, my Rock and my Redeemer.

Singing

Oseh shalom bim'romav, hu ya-aseh shalom עָּשֶׂה שָׁלוֹם עָלֵינוּ, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ, מּמְלוֹם בְּמְרוֹמְיוּ, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ, aleinu v'al kol Yisrael, v-al kol ha-olam, וְעַל בָּל יִשְׂרָאֵל, וְעַל בָּל הָעוֹלָם, וְאִמְרוּ אָמֵן: v'imru Amen.

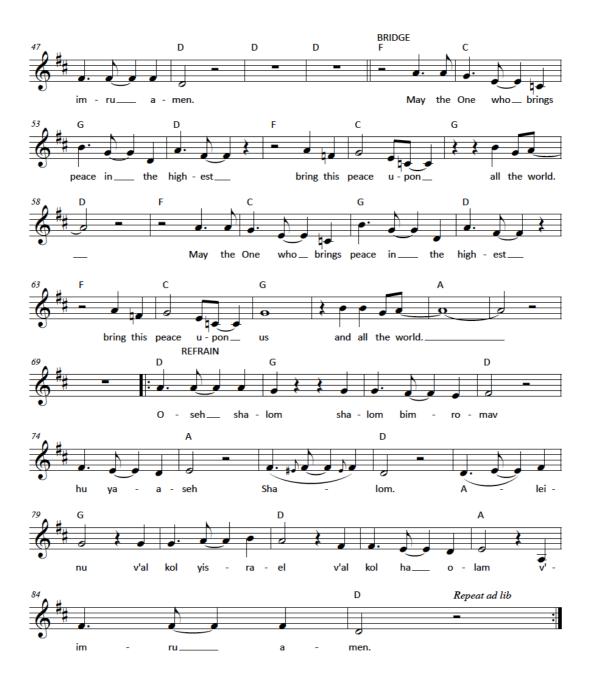
May the Most High, Source of perfect peace, grant peace to us, to all Israel, and to all humanity.

A D'var Torah Will Be Given At This Point

Oseh Shalom



© David Hoffman 2008





Concluding Prayers

Singing

Aleinu l'shabei-ach la-Adon hakol, lateit g'dulah l'yotzer b'reishit, asher sum chelkeinu le-yacheid et shemo, v'goraleinu le-hamlich malchuto.

Va-anachnu kor'im umish'tachavim umodim lif'nei melech mal'chei ham'lachim, haKadosh baruch hu.

Shehu noteh shamayim v'yosed aretz umoshav y'karo bashamayim mima'al, ush'chinat uzo b'govhey m'romim, hu Eloheynu, eyn od. Emet malkeynu efes zulato kakatuv b'totato: V'yadata hayom vaha-shevota el l'vavecha, ki Adonai hu haelohim bashamayim mima-al, v'al ha-araetz mitachat, eyn od.

עֶלֵינוּ לְשַּׁבֵּחַ לַאֲדוֹן הַכּּל, לְתֵת גְּדֻלְּה לְיוֹצֵר בְּרֵאשִׁית, אֲשֶׁר שָׂם חֶלְקֵנוּ לְיַחֵד אֶת שְׁמוֹ וְגוֹרֶלֵנוּ לְהַמִּלִידְ מַלְכוּתוֹ.

וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לִפְנֵי מֵלֶדְ, מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בָּרוּדְ הוּא.

שָׁהוּא נוֹטָה שָׁמַיִם וְיֹסֵד אָבֶץ, וּמוֹשַׁב יְקָרוֹ בַּשָּׁמִים מִמַּעַל, וּשְׁכִינַת עֻזּוֹ בְּגְבְהֵי מְרוֹמִים, הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת מַלְכֵּנוּ אֶפֶס זוּלָתוֹ, כַּכְּתוּב בְּתוֹרְתוֹ: וְיָדַעְתָּ הַיּוֹם וַהֲשֵׁבֹתְ אֶל לְבָבֶךְּ, כִּי יְיָ הוּא הָאֱלֹהִים בַּשָּׁמֵים מִמַּעַל, וְעַל הָאֶרֶץ מִתְּחַת, אֵין עוֹד.

Let us now praise the Sovereign of the universe and proclaim the greatness of its Creator, whose unity it is our mission to make known, whose rule it is our task to make effective. We bow in awe and thanksgiving before the supreme Sovereign, the Holy One, ever to be praised. Who spread out the heavens and established the earth, whose glory fill the highest heavens, whose might extends throughout all space, who alone is our God, for no other exists, who in truth is our Sovereign, for there is none else; as it is written: 'Know then this day and take it to heart: the Eternal One is God in the heavens above and on the earth below; there is no other.'

All Reading

And then all that has divided us will merge

And then compassion will be wedded to power

And then softness will come to a world that is harsh and unkind

And then both men and women will be gentle

And then both women and men will be strong

And then no person will be subject to another's will

And then all will be rich and free and varied

And then the greed of some will give way to the needs of many

And then all will share equally in the Earth's abundance

And then all will care for the sick and the weak and the old

And then all will nourish the young

And then all will cherish life's creatures

And then all will live in harmony with each other and the Earth

And then everywhere will be called Eden once again.

(Judy Chicago in Kol Haneshamah, The Reconstructionist Prayer Book)

Aleinu

Words: Liturgical Music: Phyllis Alden



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The Mourner's Kaddish - קַדִישׁ יָתוֹם

Source of all life, we pause now to remember all those who lived their lives with the same hopes and aspirations as us, but whose time on earth has ended...

May their memory be an inspiration to us, as we say together:

Yit'gadal v'yit'kadash sh'meih raba. B'alma di-v'ra chir'uteih, v'yam'lich mal'chuteih b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, ba-agala uviz'man kariv, v'im'ru: Amen.

Y'hei sh'meih raba m'vorach l'alam ul'almei al'maya.

Yit'barach v'yish'tabach v'yit'pa-ar v'yit'romam v'yit'nasei v'yit'hadar v'yit'aleh v'yit'halal sh'meih d'kud'sha, B'rich Hu, l'eila min-kol-bir'chata v'shirata tush'b'chata v'nechemata da-amiran b'alma, v'imru: Amen.

Y'hei sh'lama raba min-sh'maya v'chayim aleinu v'al-kol-Yisrael, v'im'ru: Amen.

Oseh shalom bim'romav, Hu ya-aseh shalom aleinu v'al-kol-Yisrael, v-al-kol-b'nei-adam, v'imru: Amen

יִתְצַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵה רַבָּא. בְּעָלְמָא דִּי בְרָא כִרְעוּתֵה, וְיַמְלִידְ מַלְכוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בַּעֲגָלָא וּבִזְמַן קָרִיב וְאִמְרוּ אָמֵן:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַדְּ לְעֻלַם וּלְעֶלְמֵי עַלְמַיָּא:

יִתְבָּרַדְּ וְיִשְׁתַּבַּח, וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדְּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקַדְשָׁא בְּרִידְ הוּא לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא, תִּשְׁבְּחָתָא וְנֶחֶמְתָא, דַּאֲמִירָן בְּעְלְמָא, וִאָּמִרוּ אָמֵן:

יָהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עֲלֵינוּ וְעַל בַּל יִשִּׂרָאֵל, וָאָמָרוּ אַמֵן:

עֹשֶׂה שָׁלוֹם בִּמְרוֹמְיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל בְּנֵי אָדְם, וְאִמְרוּ אָמֵן:

Magnified and sanctified be the great name of the One by whose will the world was created. May God's rule become effective in your lives, and in the life of the whole House of Israel. May it be so soon, and let us say: Amen.

May God's great name be praised to all eternity.

Blessed and praised; glorified, exalted and extolled; lauded, honoured and acclaimed be the name of the Holy One, who is ever to be praised, though far above the eulogies and songs of praise and consolation that human beings can utter; and let us say: Amen.

May great peace descend from heaven, and abundant life be granted, to us and all Israel; and let us say: Amen.

May the Most High, Source of perfect peace, grant peace to us, to all Israel, and to all humanity, and let us say: Amen.



Singing

Adon olam, asher malach, b'terem kol y'tzir nivra. L'et na'asah v'cheftzo kol, azai melech sh'mo nikra.

V'acharey kichlot hakol, I'vado yimloch nora. V'hu hayah, v'hu hoveh, v'hu yih'yeh b'tifarah.

V'hu echad, v'eyn sheni I'hamshil lo, I'hachbirah. B'li reyshit, b'li tachlit, v'lo ha'oz v'hamisrah.

V'hu Eyli, v'chai go'ali, v'tzur chevli b'eyt tzarah. V'hu nisi u-manos li, m'nat kosi b'yom ekra.

B'yado afkid ruchi b'eyt ishan v'a-irah. V'im ruchi g'viyati, Adonai li v'lo ira. אֲדוֹן עוֹלָם אֲשֶׁר מְלַךּ, בְּטֶרֶם כָּל יְצִיר נִבְרָא: לְעֵת נַעֲשָׂה בְחֶפְצוֹ כֹּל, אֲזֵי מֶלֶךְ שְׁמוֹ נִקְרָא:

וְאַחֲבִי כִּכְלוֹת הַכּּל, לְבַדּוֹ יִמְלֹדְ נוֹרָא. וְהוּא הָיָה, וְהוּא הֹוֶה, וִהוּא יִהִיָה, בִּתִפִּאַרָה.

וְהוּא אֶחָד וְאֵין שֵׁנִי, לְהַמְשִׁיל לוֹ לְהַחְבִּירָה. בְּלִי רֵאשִׁית בְּלִי תַכְלִית, ולוֹ הָעֹז וְהַמִּשְׂרָה.

וְהוּא אֵלִי וְחֵי גֹּאֲלִי, וְצוּר חֶבְלִי בְּעֵת צֶרָה. וְהוּא נִסִּי וּמְנוֹס לִי מִנָת כּוֹסִי בִּיוֹם אֵקְרָא.

> בְּיָדוֹ אַפְקִיד רוּחִי, בְּעֵת אִישָׁן וְאָעִירָה. וְעָם רוּחִי גְּוִיָּתִי, יְיָ לִי וְלֹא אִירָא.

Eternal God, who reigned before; Your will had caused the world to be: Already then You reigned supreme, In undisputed sovereignty.

And when the universe has ceased, You will still reign in majesty; For as You were, so will You be, From now until eternity.

And You are One, there is none else, No equal standing at Your side, Without beginning, without end, All might and rule in You reside.

My living and redeeming God, My shelter on a stormy day, My banner and my refuge still My cup of comfort when I pray.

Into Your hand I place my soul, Asleep, awake, for You are near, And with my soul, my body too: You are my God, I shall not fear.

A Concluding Blessing Will Conclude The Service

Adon Olam

Music. Beverley Aarons



© Beverley Aarons 2009

A Concluding Blessing Will Conclude The Service

WELCOMING SHABBAT - Kiddush for Friday Night

The Shabbat Candles

Another week has ended and we have gathered to welcome Shabbat. As we kindle the Shabbat lights, may the peace of Shabbat give us all rest, relaxation and a renewed sense of God's presence in our lives.



As the candles are lit, we have a moment to reflect: How has the last week been for me? What hopes do I have for this Shabbat?

Baruch Atah Adonai, Eloheinu Melech haolam, asher kid'shanu b'mitz'votav v'tzivanu l'hadlik ner shel Shabbat. בָּרוּדְ אַתָּה יְיָ אֶלֹהֵינוּ מֶלֶדְ הָעוֹלָם, אֲשֶׁר קִדְשָׁנוּ בְּמִצְוֹתִיו, וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

We praise You, Eternal God, Sovereign of the universe, who hallows us with mitzvot and commands us to kindle the light of Shabbat.

Baruch Atah Adonai, Eloheinu Melech ha-olam, borey p'ri hagafen.

Baruch Atah Adonai, Eloheinu Melech haolam, asher kid'shanu b'mitz'votav v'ratah vanu, v'Shabbat kodsho b'ahavah u-v'ratzon hinchilanu zikaron l'ma-asey v'reysheet. Ki hu yom t'chilah l'mikra-ey kodesh, zeycher litziyat mitzrayim. Ki vanu v'charta v'otanu kidashta mikol ha-amim, v'shabbt kodsh'cha b'ahavah u-v'ratzon hinchaltanu.

Baruch Atah Adonai, m'kadesh ha-Shabbat.

בְּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, בּוֹרֵא פָרִי הַגַּפֵּן.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קדְשָׁנוּ בְּמִצְוֹתִיו וְרָצָה בְנוּ, וְשַׁבַּת קִדְשׁוֹ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ זִכְּרוֹן לְמַעֲשֵׂה בְרֵאשִׁית, כִּי הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי לֹדֶשׁ, זֵכֶר לִיצִיאַת מִצְרָיִם, כִּי בָנוּ בָחַרְתִּ וְאוֹתָנוּ קִדִּשְׁתָּ מִכְּל הָעַמִּים, וְשַׁבַּת קִדְשְׁךְּ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ.

בָּרוּדְ אַתָּה יְיָ, מְקַדֵּשׁ הַשַּׁבָּת.

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.

We praise you, Eternal God, Sovereign of the universe. By Your commandments You have consecrated us to Your service. In Your love and favour You have given us Your holy Sabbath, to remind us that the world is Your creation. it is the first of our holy days, and a remembrance of our liberation from Egyptian bondage. You have called us to serve You as a holy people, and given us the Sabbath as a token of Your love. We praise You, O God, for the holiness of the Sabbath.

Baruch Atah Adonai, Eloheinu Melech haolam, hamotzi lechem min ha-aretz.

בָּרוּדְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלְם, הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ.

We praise You, Eternal God, Sovereign of the universe, by whose will bread comes forth from the earth.

יִשִּׁמִדְ אֱלֹהִים כָּאֵפְרֵיִם וְכִמְנַשֵּׁה,

Y'simchah Elohim k'Ephraim v'chim'nasheh

יָשִׂמֶדְ אֱלֹהִים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה,

Y'simeich Elohim k'Sarah, Rivkah, Rachel, v'Leah

יָבֶרֵכְדְּ יִהֹוָה וִיִשְׁמְרֵדְּ,

Y'varech'cha Adonai v'yishm'recha

יָאֵר יְהֹוָה פְּנָיו אֵלֶידְ וִיחָנֶּדְ,

Ya-er Adonai panav eylecha vichunneka

יִשָּׂא יְהוָה פָּנָיו אֵלֵידְ וְיָשֵׂם לְדְּ שָׁלוֹם.

Yisa Adonai panav eylecha v'yaseym l'cha shalom.

May God make you like Ephraim and Menasseh
May God make you like Sarah, Rebecca, Rachel and Leah
May the Eternal One bless you and keep you.
May the Eternal One look kindly upon you and be gracious to you.
May the Eternal One reach out to you in tenderness, and give you peace.

(MUSIC OVERLEAF)

Y'VARECH'CHA

Music by Dean Staker



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Composer Biographies

Beverley Aarons

I am, by default, a singer/songwriter! When I first picked up a guitar, I simultaneously started writing songs. I'm untrained and unchained! Folk clubs were my early exposure to performance; I have always loved singing. I mostly sang solo until the late 1990's when I joined a band called Crooked Usage, and latterly I sing in a duo with Lee Kosmin and we go by the name of The BeverLee Brothers. Writing for the liturgy was inspired by being a founder member of Shabbat Resouled and working closely with Dean Staker, and has led to a 'spiritual creativity'.

Phyllis Alden

Phyllis Alden was born in Glasgow and grew up in an orthodox Jewish home. She is, by profession, a consultant clinical psychologist. Music has always played a significant part in her life. She studied music at school and sings both as a soloist and in choirs. She has a particular love of opera. She has been composing music since a child and has recently produced several pieces of music for services in her community in Manchester. Her email address is phyllis.alden@mac.com

Alan Byers

Alan Byers is a retired GP who has been conducting the Radlett Reform Synagogue Choir for the last 36 years. He is a horn player who has also taken up the trombone, trumpet and harmonica. He has arranged many Shul sung prayers and composed some too. alanbyers00@hotmail.com

Joseph Finlay

Joseph Finlay is a composer and musical director, trained at Cambridge University and the Royal Academy of Music. His musical The Superhero, featuring the Award Winning Song 'Don't Look Down' is on at the Southwark playhouse in June/July. Other shows include This is Also England, 'Bully for Theseus' and 'Operation Magic Carpet'. As a classical composer he has had works performed by many professional ensembles including the Britten Sinfonia, the London Sinfonietta, the BBC Singers, the Leibniz Trio, The Solstice Quartet, and The New London Children's Choir. He works extensively in Jewish music: he is Musical Director of Hendon Reform Synagogue and the London Jewish Male Choir, and accompanist for the Golden Peacock Yiddish song school. www.josephfinlay.com

David Hoffman

David Hoffman is a part-time Jewish rock musician, singer and songwriter (and works as a lawyer the rest of the time). He runs Shir Chadash, a musical Friday night at Manchester Reform Synagogue once a month, and the Shir Chadash band has also performed gigs and recorded a CD. David recently recorded his third Jewish rock album, Ancient Inspiration, which can be found on Amazon and Oysongs. Jointly with Judith Silver, he started Shira

Britannia, a collective of British Jewish composers and songwriters, and performs with Judith, Dean Staker and others from time to time. More information at www.themagicif.org or email david@shirchadash.org.uk.

Alexander Massey

Alexander Massey is a prayer leader, celebrant, writer, teacher, solo singer, multi-instrumentalist, and composer. His music has been published by Transcontinental (USA) and Reform Judaism UK, and is used in the UK, Europe, Australia and the USA, and he is a regular contributor to the Reconstructionist website Ritual Well. He has performed around the world as a vocal soloist, teaches voice, communication, personal development, and songwriting, and has led sessions at many Limmuds. Alexander founded the Jewish Music UK network, and holds the musical sacred space for the London Ruach Chavurah (Jewish Renewal). Sheet music, audio and writings: www.alexandermassey.com

Lena Mortimer

I am a self-taught guitarist, having played the classical violin and viola for many years. However, you really cannot take those to a party...! I started using my guitar in a spiritual way, at Kadimah, where I spent many happy years in the art room. Music has always been a big part of my life, even though I have always been a reluctant performer. I sing with a Simcha band, called the Soul Agents, as a fantastic antidote to a responsible working life as a specialist teacher using my MEd in Social, Emotional and Behavioural Difficulties.

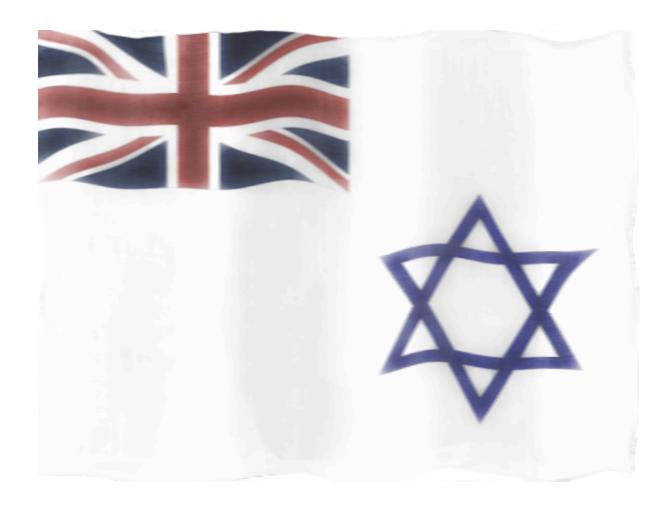
Judith Silver

Whether performing or teaching, composing or leading music in services, Judith always brings her own deep experience of the power and potential in singing and her passion to share these with others. Some of her Jewish songs are busy making their way in the world and all of the various aspects of her work are developing, including her Singing for the Mind group at LJS (for people with dementia and their carers), Companion Voices (which she founded three years ago to bring singing to the bedside of those nearing the end of their life), North Watford Community Choir and much more. www.judithsilver.com

Dean Staker

Dean has worked in many facets of the music industry for over 30 years - in addition to his extensive experience as a busker, studio session musician and rock musician touring Australia, Japan and the UK he is also an award-winning songwriter, recording artist and producer in his own right. Dean is currently Musician in Residence at Finchley Progressive Synagogue where he is the leader of the Shabbat Resouled band and a composer of contemporary liturgical music, and he performs regularly as a member of the house band at Limmud Conference.

שַׁבָת שָׁלוֹם



A Sabbath of Peace and Rest